

Food Chains - Fish

Subject – Science
Also linked to – PSHE
Key Stage – 2&3



Pre activity - Food Diary - Fish

Objectives

- To understand the differences between what Fish and humans eat.
- To identify their own dietary patterns.

Activity description:

Fish and humans have many differences, one of them being what we eat. Fish don't get to go out to the supermarket and choose what they want to eat, they have to catch their food.

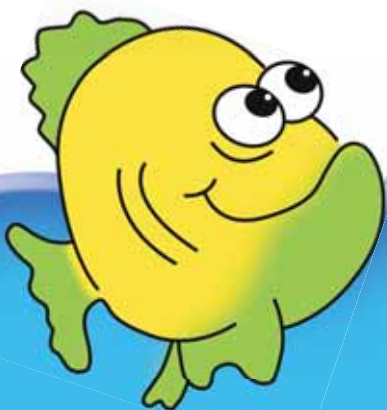
Fish tend to eat one of three groups of things:

- Crustaceans (e.g. Crabs and Lobsters)
- Mammals (e.g. Seals)
- Plankton (most of which is plant material)

Make a diary of all the food you eat during the week before you visit Blue Planet Aquarium.

Think about the different things you eat and which ones appear to be your favourites. Remember to write down everything - even the snacks!

Scroll down to page 2 for a diary of the food that Wilma (one of our Sand Tiger Sharks) ate in one week last year. You may be surprised at how little she seems to eat for such a huge shark!



Pre activity - Food Diary - Fish cont/d

Wilma's Diary

Day	Food	Vitamins
Monday 13.11.06		
Tuesday 14.11.06		
Wednesday 15.11.06		
Thursday 16.11.06	2 x Trevally 500g	A,C and E
Friday 17.11.06		
Saturday 18.11.06	1 x Trevally 500g	A,C and E
Sunday 19.11.06	1 x Trevally 600g	A,C and E

Your Diary

Day	Breakfast	Lunch	Dinner	Snacks	Favourite
Monday					
Tuesday					
Wednesday					
Thursday					
Friday					
Saturday					
Sunday					

How does what you eat compare to that of a fish?

